



Bowls

| Your favorite all-day breakfast bowls

Emily's Fav 12,5

| banaan, aardbei, açai, cacao snippers, granola, pindakaas, kokos schaafsel

Yoghurt Bowl 10,5

| yoghurt, granola, hennepzaad, vers fruit, honing

Tropical Açai Bowl 13,5

| banaan, ananas, açai, granola, pindakaas, geroosterde kokos snippers, hennepzaad

Pineapple Porridge 12

| kardemom haveremout, banaan, ananas, granola, kokos yoghurt, kokos snippers, geroosterde pistache noten, amandelboter, honing

Food

| Served on bread from Echt Brood - Gluten free? Ask Emily

Chickpea & Salmon Toast (high protein) 16

| zuurdesem, kikkererwten mash, gerookte zalm, komkommer, kiemgroenten

Hong Kong 14

| zuurdesem, avocado, feta, granaatappel, balsamico, pompoenpitten, dille (add on: gekookt ei +1,5)

Sydney 15

| zuurdesem, burrata, geroosterde paprika, balsamico, pompoenpitten, basilicum

Spicy Tuna 14

| zuurdesem, tonijnsalade, tomaat, ui, jalapeño pepers, pesto

Nourish Bowl 16,5

| spicy pulled chicken, mais, tomaat, gepekeld ui, avocado, zoete aardappel, quinoa, verse kruiden dressing

It's a (chicken) wrap 15

| pulled chicken, tortilla wrap, coleslaw, ananas, gepekeld ui, barbecue saus, koriander

Sweets

Berry Crumble 8

| berry crumble, vanille (n)ice cream, honing, munt

Banana Bread 4,5

| kokos yoghurt

Any allergies? Please let us know!

Our fruit and vegetables are powered by aartsen. We only work with fresh products which means we can sell out sometimes...

Smoothies

500 ml | EXTRA.: proteïne poeder +1

Passion Colada 8

| mango, passievrucht, banaan, munt, lijnzaad, amandelmelk

Lean Green (low cal) 8

| spinazie, avocado, komkommer, banaan, chia zaad, munt, coconut water

Very Berry 8

| blauwe bes, aardbei, framboos, banaan, honing, lijnzaad, amandelmelk

Kids Smoothie 4

| aardbei, banaan, honing, amandelmelk

Wake Up 8

| koffie, banaan, dadel, amandelboter, kaneel, proteïne poeder, amandelmelk

Pb and Choc 8

| pindakaas, banaan, cacao snippers, honing, havermout, zeezout, amandelmelk

Muscle Babe (high protein) 8

| banaan, pindakaas, proteïne poeder, hennepzaad, kaneel, kokosmelk

Golden Glow 8

| banaan, mango, kurkuma, honing, amandelboter, dadels, kaneel, amandelmelk

Juices

The OJ 6

| sinaasappel

Energizer 7

| appel, selderij, citroen, gember

Pure Energy 7

| appel, aardbei, gember

Immunity Booster 7

| komkommer, ananas, citroen, appel

Recovery 8

| sinaasappel, wortel, ananas, appel, citroen

Go Away Doc 8

| appel, sinaasappel, citroen, wortel, gember

Daily Detox 8

| spinazie, komkommer, selderij, appel, citroen, munt

Beating Heart 8

| rode biet, sinaasappel, appel, wortel, citroen, gember

Immunity Shot

Ginger Shot | gember, citroen, kokoswater 3

Coffees, Matcha's & More

| coconut milk - oat milk - almond milk + 0,2

Espresso (enkel/ dubbel) 2,8 3,5

Espresso Macchiato 3,1

Lungo (klein/ groot) 3,2 3,7

Cappuccino (klein/ groot) 3,7 4,2

Iced Cappuccino/ Iced Latte 5,0

Latte Macchiato 4,5

Caffè Latte 4,5

Flat White 4,2

Cortado 3,2

Babyccino 2,7

Chai Latte 4,5

Fresh Mint Tea 3,9

Fresh Ginger & Orange Tea 3,9

Matcha Latte/ iced 5,0

Strawberry iced Matcha 6,0

Lemonade Yuzu/ Ume 5,0

Kombucha 5,0

Still/sparkling water 3,9

Apple juice 3,5